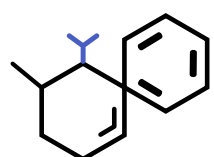


# PFAS BASICS



## WHAT ARE PFAS?



### PFAS ARE...

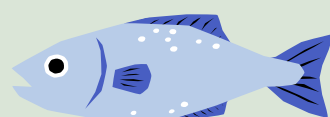
- a family of man made chemicals
- highly stable and don't break down easily
- 5000+ compounds today
- found in nonstick pans, firefighting foam, stain repellents and more

## WHY ARE WE CONCERNED?

### BECAUSE PFAS...

- are hard to get rid of
- are widespread in ecosystems because they don't break down
- can accumulate in animals and people
- can cause adverse health effects

## EXPOSURES



You can be exposed to PFAS by:

- drinking contaminated water
- eating fish with PFAS
- using some consumer products
- point source pollution

**There are no point-source pollution sites in Lyndon Township!**

## HEALTH IMPACTS



High PFAS exposure may cause

- high blood pressure
- high cholesterol
- thyroid disease
- liver damage
- reduced fertility
- developing certain types of cancers (particularly kidney and testicular)

## WHAT CAN YOU DO?



### Test Your Private Well!

- Consuming water with PFAS is the worst exposure
- If you find PFAS in your well, find a certified PFAS water filter
- Contact the MDHHS Drinking Water Hotline with questions 844-934-1315

### Know what products have PFAS!

- Some carpet cleaners, clothes, cosmetics, and baby products can have PFAS
- Find PFAS free alternatives on websites like PFAS Central and Environmental Working Group
- Dispose of products with PFAS safely